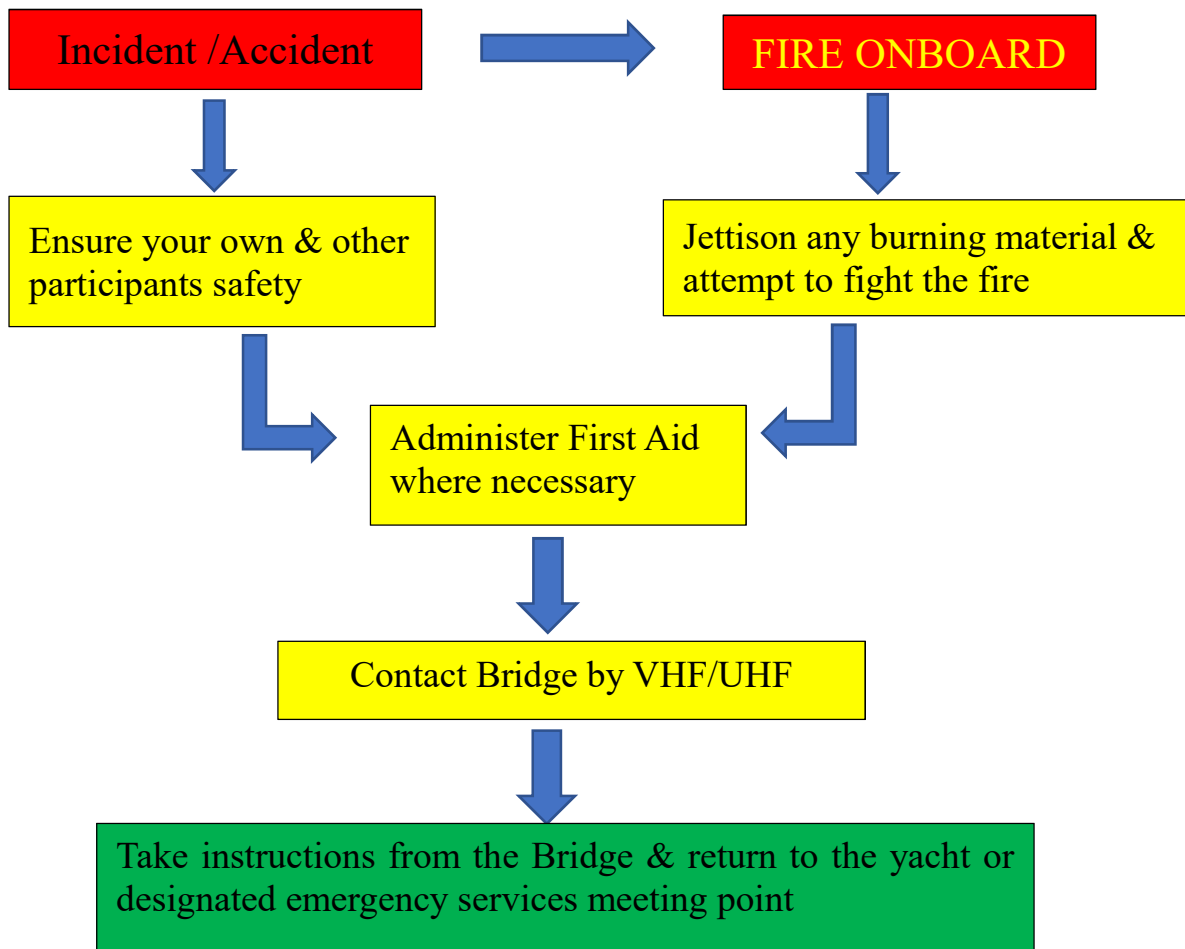


Emergency Action Plan- Laminated Copy to be kept in safety craft



If unable to contact bridge & the emergency services are needed follow MAYDAY procedure.

Mayday Call on VHF Channel 16 (25watts)

First press & hold red button for 5 seconds.

Press & hold microphone transmit button & repeat the below:

- **Mayday - Mayday - Mayday**
- **This is (name of vessel) x3**
- **Mayday (name of vessel) (MMSI & Callsign)**
- *Position (GPS or bearing & distance)*
- *Nature of Distress (e.g sinking, on fire, MOB)*
- **Immediate Assistance is Required**
- *Total number of persons on board (including you)*
- *Other useful information to assist*
- **Over**